
Instructions for using the power capsule 90.10. ZERO POINT ENERGY

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General Information: Quantum energy in the power capsule 90.10. ZERO POINT ENERGY

Using a special quantum physical process, 90.10. puts energy into the titanium spheres and the shell of the power capsule. It is pure, harmonizing quantum energy. Its effect on matter is an intensive increase in energy, which can be proven by many different methods. The energy is absolutely neutral, i.e. it does not contain any frequencies.

Purpose of the power capsule

The power capsule 90.10. ZERO POINT ENERGY was developed to enrich the body and/or other matter with quantum energy and to inform it with frequencies. This is possible by carrying the capsule on the body or bringing it into contact with the relevant matter. The effect is not permanent, meaning that if the contact is interrupted, no further energizing or information takes place until contact is reestablished.

The titanium spheres release the energy from the inside to the outside. A single sphere has an energy output of 170 QEPPs. Together and through the 90.10. multiplication effect, the five spheres produce 2.465 QEPPs.

The power capsule 90.10. ZERO POINT ENERGY is not a medical product. 90.10. points out that it is explicitly forbidden to use the capsule directly for cures on the body. However, it can be used to strengthen the body's immune system and its innate, inherent self-healing powers. More detailed information can be found in this user manual.



Before you start: Test for sensitivity

With the use of the power capsule 90.10. ZERO POINT ENERGY the body's own energy level can be brought to a higher level. In particular, sensitive people should start by gradually getting used to the strong energy and not start with all five spheres in the shell.

To find out if you are sensitive to the 90.10. quantum energy, you can hold the capsule in your left hand between your thumb and index finger. If you're particularly sensitive, you may notice that your hand begins to tingle within a short time, which is a sign that your body is absorbing the energy and your blood is revived. Furthermore, an increased pulse and sweating are possible, as if you were exercising.

In the following 5 to 15 minutes, check your reaction and see how your condition is. If you feel temporarily light-headed, or if compression and/or the tingling in your hand lasts longer than two to three minutes and/or you feel sleepy, you are probably very sensitive. Please follow the instructions below.

Instructions for sensitive people

Open the power capsule 90.10. ZERO POINT ENERGY and remove four of the five titanium spheres. Work with only one titanium sphere in the shell by carrying the capsule with you. Put it down as soon as you feel uncomfortable, light-headed or sweaty. These are possible reactions of your body to "too much" energy. Use a single titanium sphere only until you can carry the capsule for an extended period of time. Usually, the body will get used to this new form of energy within one to three days.

When no more time-breaks away from the capsule are needed, you can add a second sphere. This is how you proceed step by step with periods of adaptation until all five spheres are in the power capsule 90.10. ZERO POINT ENERGY. Your body will then have adapted to the high energy level. Everyone is different. For some, it might take a few days to work up to 5 spheres in the capsule, and for others it might take up to one or two months if they are particularly sensitive.

Regular use of the power capsule 90.10. ZERO POINT ENERGY

Use the power capsule to energize your body. For this purpose, carry the capsule with you, in your pants or shirt pocket. The key ring can also be used to attach the capsule to a belt loop or necklace.

You can also use the power capsule to enrich other matter with energy, such as your food and drinking water. To do this, place the tip of the capsule on the glass, the plate, the bowl, etc.

The energy transfer begins as soon as contact is made. It ends with the interruption of the contact. The energy does not remain permanently in your body or matter. It evaporates after some time. The body usually holds the energy for one to three hours.

Spectrum of activity

More strength and endurance

Both strength and endurance can be significantly increased by carrying the power capsule 90.10. ZERO POINT ENERGY on the body. The effect intensifies from day to day within the first weeks.

Strengthening of the immune system

Users of the power capsule 90.10. ZERO POINT ENERGY are potentially less susceptible to infections. In addition, it has been observed that colds and flu's have a shorter course of often only three to four days. 90.10. attributes this to an enormous strengthening of the immune system and a support of the body's self-healing powers. However, medical research in this area has not been undertaken as of yet.

Protection against electro smog

The intensive energy stored in the titanium spheres can dissolve the negative effects of electromagnetic waves or neutralize the interference effects of electromagnetic radiation on the body.

Cell availability of water

Water that is available to cells makes the organism work more effectively. If the power capsule 90.10. ZERO POINT ENERGY is placed on a glass or a bottle of water, the water in the container is informed with quantum energy and its structure is changed. The structural change of the water takes place within a fraction of a second. However, the longer the capsule is in contact with the container, the more energy that reaches the water. The difference can be tasted when consumed. A visual illustration of the positive change is possible photographically by using the Masaru Emoto method.

Expansion of consciousness

The power capsule 90.10. ZERO POINT ENERGY gives direct access to the levels of consciousness in higher dimensions. The user experiences this through a higher level of thinking as well as an improvement of awareness and intuition. In addition, the synchronicity in life is significantly enhanced.

Reduction of radioactivity

Experiments have shown that with the power capsule, if charged with all five titanium spheres, Caesium 137 is reduced from up to 30 Bq (Becquerel) in a glass of water to 0 Bq within 15 to 30 minutes. According to the current state of science this is supposed to be physically impossible. 90.10. can prove this effect, as it is repeatable with scientific devices and methods.

Production of quantum frequency foil

With the power capsule you get to produce quantum frequency foils that hold the information of a medicinal plant or an affirmation. For this purpose, you wrap a piece of aluminum foil around the peak of the capsule. This gives the foil a specific shape in which you place four of the titanium spheres so that they lie next to each other at the bottom of the foil. The fifth sphere is centered onto the four spheres. Then press the aluminum foil together at the top and close it around the spheres. Now you have a small stamp shape.

The frequency is stored on a second piece of foil (3 x 3 inches are ideal). Fold this foil together until it fits under the stamp, without any excess. Place a leaf of the medical plant or the note with your affirmation (folded to the size of the stamp) on the foil. Put the stamp on top. Within 15 to 30 minutes the stamp copies the frequency into the foil below it.

Afterwards you can unfold the foil and put it into the capsule, so that it is pressed to the inner edge of the capsule by the titanium spheres. It is also possible to wrap each of the individual spheres with pieces of foil.

Note on the perceived energy loss of the power capsule 90.10. ZERO POINT ENERGY

If you have been wearing the capsule on your body for two to three months, it is possible that you may think the energy is weaker or may no longer feel it anymore. The reason for this is not, as you might suspect, that the energy of the capsule is dropping. The capsule stores the energy constantly and it remains strong, as its energy output with the five titanium spheres of 2.456 QEPPs, is always constant. The reason why you may not feel the energy as noticeably, is solely in the fact that your body has been brought to a higher energy level by wearing the capsule. Your body adapts, so the energy may not be as noticeable.

If you want to be able to feel the energy again, then do not wear the capsule for about a week. Be aware, however, that during these days you may feel more tired and unfocused – the capsule has not transferred the quantum energy into your body in a permanent way. If you have the capsule with you again after some time, you can feel the energy better again, but probably not as strong as in the beginning. The first contact is always the most formative, which is also related to the expansion of consciousness that then takes place.

Initial reactions to the energy

The titanium spheres of the power capsule 90.10. ZERO POINT ENERGY radiate neutral original quantum energy in their original structure. Conventional physical or psychological side effects are unknown. The initial reactions mentioned here may occur, but do not happen to everyone. If they occur, they are a result of an energy increase of the body and usually only appear during the first one to four days of use. After this period the energy level of the body has adapted to the higher quantum energy level. For very sensitive people, the adaptation period may take longer.

Possible reactions to the energy are an increased pulse, slight head pressure and tingling in the hands, possible increased sweating and known homeopathic cold symptoms. Each individual is responsible for estimating his or her own sensitivity. With this in mind, the body should gradually become accustomed to the higher energy. Once the adaptation has taken place, the body can also use the energy to support the self-healing power and, among other things, to strengthen a weakened immune system from electromagnetic waves.

Possible Initial reactions of the neural system

Frequent: tingling in the extremities

Occasionally: dizziness or head pressure due to over-energizing

Initial reactions on skin and subcutaneous cell tissue

Occasionally: increased perspiration

Initial reactions to the heart

Occasionally: increased heart rate

Initial reactions to the mental state

Very rare: insomnia

Countermeasures

You can minimize or prevent any initial reactions by using the power capsule 90.10. ZERO POINT ENERGY for only a short period of time each day, for the first one to four days. During this adaptation period, you can increase usage by a few minutes each day. You can optionally start with just one or two titanium spheres and gradually increase their number if you feel well while being in contact with the power capsule.

If you experience insomnia, you should put the capsule away, two to three hours before going to bed.

If the initial reactions persist or significantly influence you, you should refrain from using the power capsule 90.10. ZERO POINT ENERGY for the time being and consult your doctor.

Usage with particular caution

Quantum energy generated with the 90.10. procedure usually has positive effects. Therefore, the feedback concerning the usage in all areas are predominantly positive, too. However, due to pending research and the legal status, 90.10. cannot recommend the use in certain situations and with certain health problems. Then, use is solely at your own risk. If you are not sure, please ask your doctor or physician. This applies to the following cases:

- pregnancy
- epilepsy
- depression and mood swing (Quantum energy can amplify emotions. It could ease the symptoms or negative feelings and thoughts, but it could as well intensify them.)

Furthermore: Do not energize any medication or do so only after consultation with your doctor, alternative therapist, or pharmacist.

If you notice any side effects other than those mentioned here, send a message to 90.10.

What is the meaning of the QEPP unit?

QEPPs stands for Quantum Energy Power Points. With these quantum energy power points, it is possible to differentiate the intensity of effectiveness of the 90.10. products. They are a unit invented by 90.10. based on their own measurements. QEPPs have no other purpose than to show the energy difference between the products.

Special topic: Pains

Since the development of 90.10. technology in 2011, quantum energy has been able to reduce or completely dissolve pain within a short period of time. The fact that certain pain can be reduced in a very short time, 90.10. explains as follows: Pain is a warning signal of the body and should also be noticed as such. Pain may indicate an injury to the skin, bone or infection, for instance. Some pains subside by themselves (self-healing of the body), others do so with outside help, by using a pain killer that switches off the warning signal, or by a medical treatment, in which the cause of the pain is treated. 90.10. assumes that, in the cases of pain relief, the body accepts quantum energy as sufficiently strong help.

90.10. points out that neither the power capsule 90.10. ZERO POINT ENERGY nor any other 90.10. product has been developed as a medical treatment, product or medicine. Please contact your doctor, alternative therapist or pharmacist if you have any health problems. The use of the capsule for pain relief may be a temporary solution.

As an example: If a tooth hurts, the quantum energy may help the body's inherent healing ability to temporarily relieve the pain (up to the dentist's appointment), but only the dentist can do something about the actual cause of the pain.